

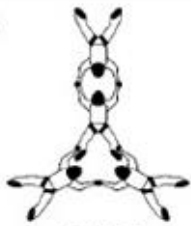
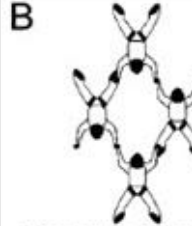
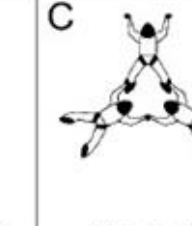
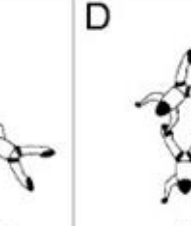

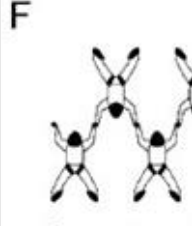
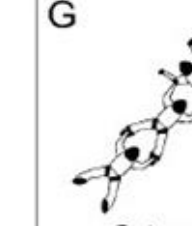

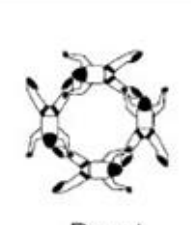
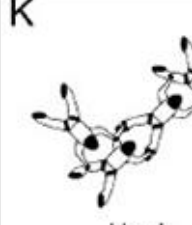
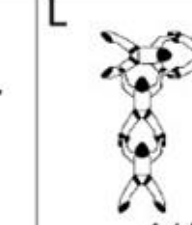
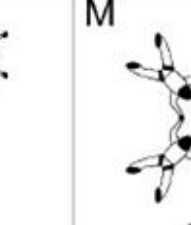
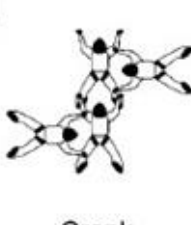
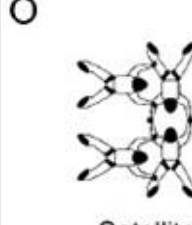
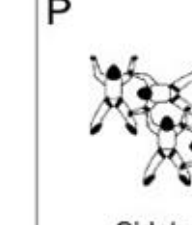
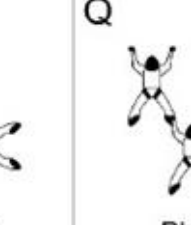
FS Einsteiger Programm ab2022 (Einsteiger A Klasse)

Die A-Klasse ist der nächste Schritt nach dem Erlernen der Grundlagen des 4-Way-Wettbewerbs in der Rookie-Klasse.

Regeln:

- Es werden 3 - 4 Punkte pro Runde gelöst.
- Die Arbeitszeit beträgt 35 Sekunden - es gibt keine 5 Sekunden Regel mehr.

Randoms

A  Unipod	B  Stairstep Diamond	C  Murphy Flake	D  Yuan
E  Meeker	F  Open Acordian	G  Cataccord	H  Bow
J  Donut	K  Hook	L  Adder	M  Star
N  Crank	O  Satellite	P  Sidebody	Q  Phalanx

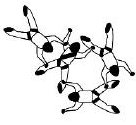
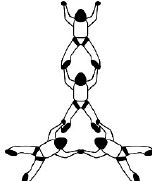
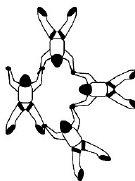
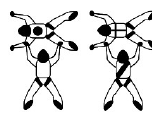
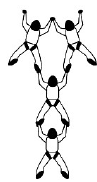
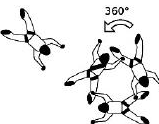
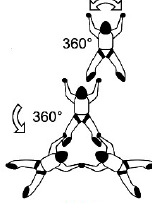
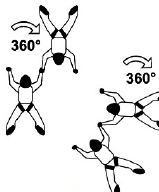
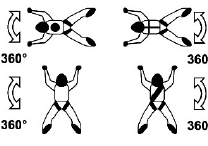
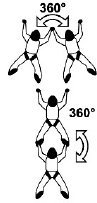
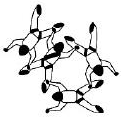
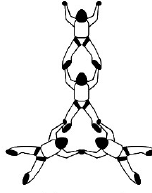
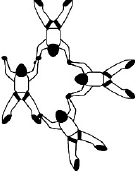
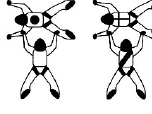

Dive- Pool 2022 Einsteiger / A Kategorie FS 4-Way

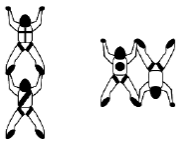

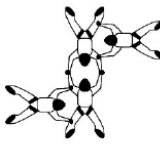
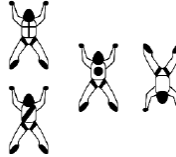
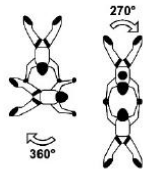
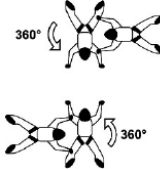
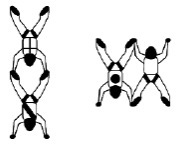
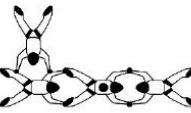

Randoms: alle Randoms A-Q der Offenen Klasse

Blöcke: 2,4,6,7,8,9,19,21 der offenen Klasse

FS Einsteiger Programm ab2022 (Einsteiger A Klasse)

Blöcke

2  Sidebody Donut	4  Monopod	6  Stardian	7  Sidebuddies	8  Canadian Tee
 Inter	 Inter	 Inter	 Inter	 Inter
 Side Flake Donut	 Monopod	 Stardian	 Sidebuddies	 Canadian Tee

9  Cat+Accordian	19  Ritz	21  Zig Zag
 Inter	 Inter	 Inter
 Cat+Accordian	 Icepick	 Marquis